



Co-producing healthy clean commuting air spots in town

# Bike2Work

## A Shift Towards Sustainable Mobility



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# Agenda

- **Background and Motivations**
- **Bike2Work: Objectives, Features and Management**
- The Bike2Work **Supporting Tools**
- **Experimental Results**
- **Conclusions and Future Work**



# Background and Motivations

# AIR BREAK - Sustainable Mobility Campaigns

<https://airbreakferrara.net/>



**AIR BREAK campaigns' aim is to raise citizens' awareness** on the possibilities and advantages offered by the available sustainable mobility services and to encourage a **collective shift towards more sustainable mobility habits**



## RAISE AWARENESS

Reach and engage citizens. Make them aware of sustainable mobility options and of the impact of their daily choices



## BEHAVIOR CHANGE

Promote a voluntary change towards more sustainable habits combining virtual and real incentives



## COMMUNITY BUILDING

Contribute to the creation of a community of active users; target different user segments, deploy segment-specific actions; create synergies with other local initiatives



## MEASURABLE OUTCOME

Produce measurable outcomes, in terms of impact (engagement, retainment, awareness, behavior change) and of end-user experience

# AIR BREAK - Gamified approach for behavioural change



Designed and planned 4 sustainable mobility campaigns:

- **Ferrara Play&Go** - target: whole citizenry, sustainable mobility
- **Ferrara Bike2Work** - target: employees, home-to-work mobility
- **Kids Go Green** - target: primary and secondary school students and their families, home-to-school mobility
- **High school mobility challenge** - target: high school students, home-to-school and free-time mobility



# **Bike2Work: Objectives, Features, and Management**

# Ferrara Bike To Work

Target: employees of private/public companies

## The specific objectives of this initiative are:

- To support **workers** in switching to sustainable mobility habits resulting in reduced CO2 emissions.
- To support **private/public companies** in the adoption of policies, initiatives, and the development of urban mobility plans.
- To increase the perception of corporate (ecological) Social Responsibility and **improve Total Quality Management (TQM) within companies.**
- To increase the attractiveness of sustainable transport modes (i.e., Bike)

## How it works:

- Every trip made is automatically validated by the **Ferrara Play&Go** application.
- A reward (0.20 €/km) is recognized for each valid trip.
- Each employee, using the **Play&Go Aziende Web App** can view a set of information during his participation in the campaign trips made with related Km; means used (i.e., Bike); validation status of trips and relative routes.

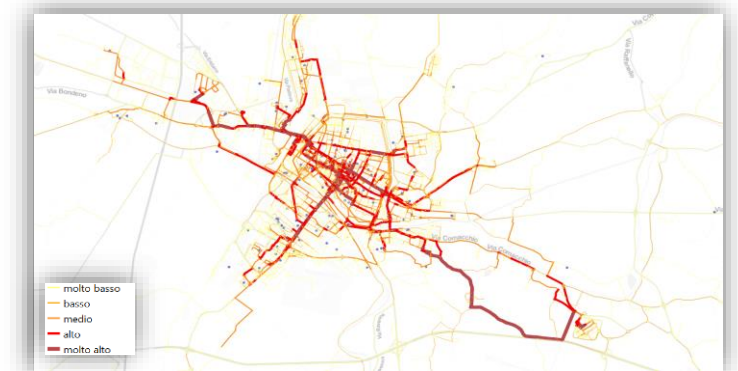
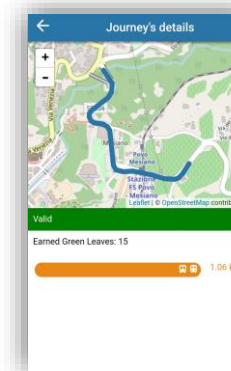
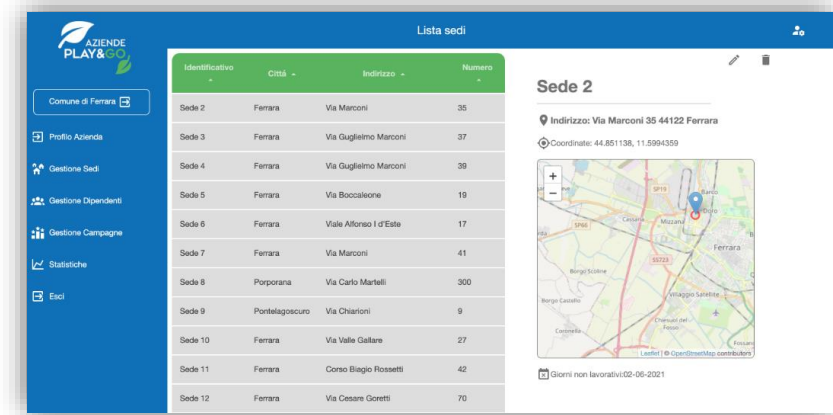
**Active since May 15, 2021**



Un'iniziativa di



Realizzata nel contesto del progetto Air-Break



# Companies - Participation LifeCycle







# The Bike2Work **Supporting Tools**

# Ferrara Play&Go



Players earn Green Leaves points based on km traveled with sustainable means

- Itineraries are planned/tracked by players and verified by the system.

## Personalized challenges

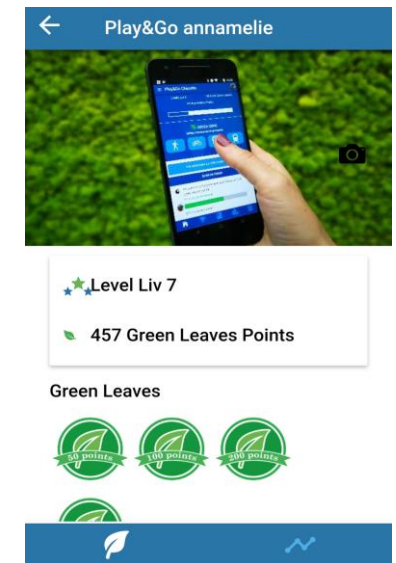
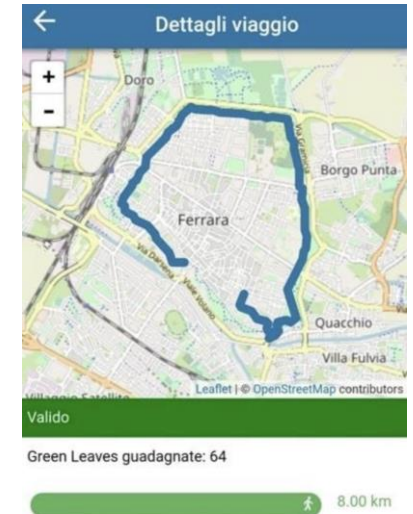
- Weekly personalized challenges based on player profile and city policies.
- Single and multi-player challenges – competitive and collaborative.
- Green Leaves bonus for won challenges.

## Other game concepts and dynamics:

- Weekly and global leaderboards, badge collections, levels, personalized game content unlock, personal mobility diary

## In BIKE2WORK:

- **employees can track trips by bike** and can visualize the trips on a realworld map.
- **Real-time tracking** while they are recording them during their journey.
- **Past trips stored** in the employee's profile.



# Web Console - Mobility Managers (MM)

<https://admin.playngo.it>



- **MMs can configure and manage all information related to their company, headquarters and employees:**
  - Manual or massive import (i.e., CSV files) of headquarters and employees data.
  - Definition of **non-working days** and **holidays**.
- **Campaign Statistics**
  - To filter and visualize the information necessary to **understand the progress of the initiative**
  - **Aggregated** information about the **trips, kilometers, CO2 saved**, made by the different employees of the different headquarters.

The screenshots illustrate the Playngo web console interface. The top-left screenshot shows the 'Modifica Sede' (Edit Location) form, including a map of Ferrara, Italy, and fields for radius (200), latitude (44.8360543), and longitude (11.619133). The top-right screenshot shows the 'Modifica Sede' form with a calendar for June 2021, where non-working days (Domenica) are selected. The bottom-left screenshot shows a table of 'Sedi' (Locations) with columns for Identificativo, Città, Indirizzo, and Numero. The bottom-right screenshot shows the 'Statistiche' (Statistics) page, featuring a bar chart titled 'Km validi' (Valid Kilometers) for the 'Bici' (Bike) mode, with filters for company, location, and visualization options.



# Experimental Results

# Initial Results

May 15, 2021 – 31 December 2021.



55 Companies



537 Employees



93.542  
sustainable Kms



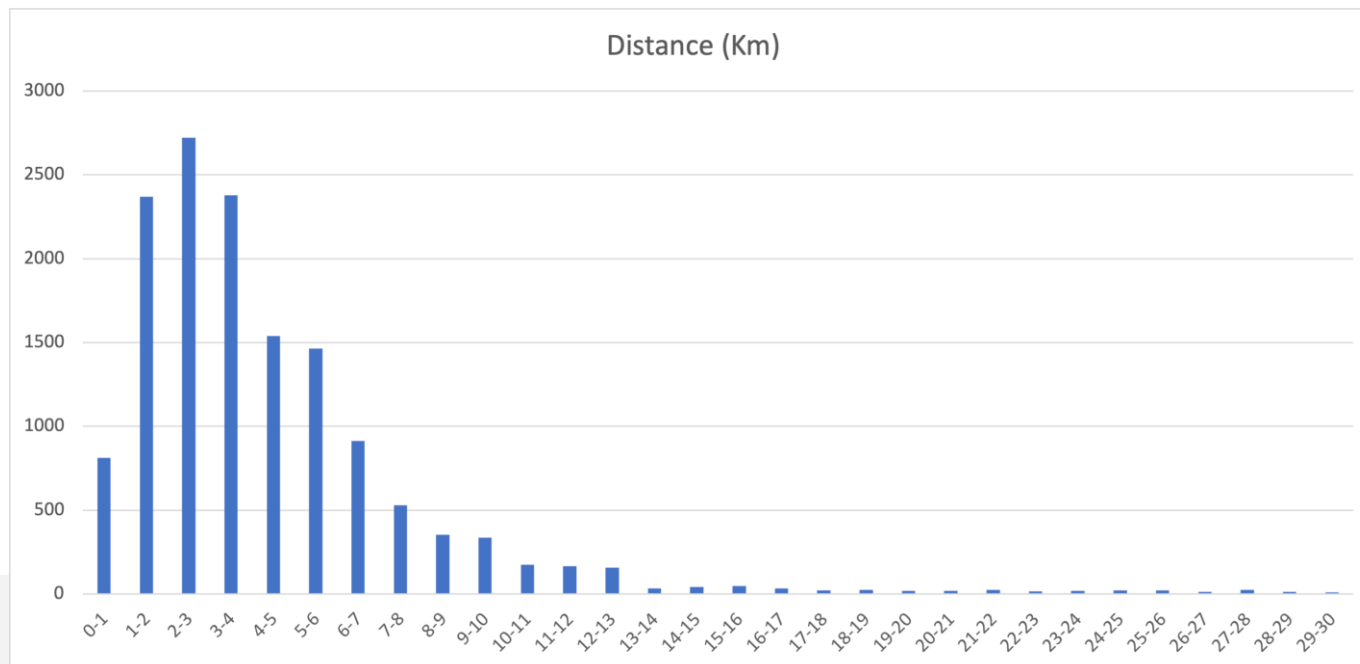
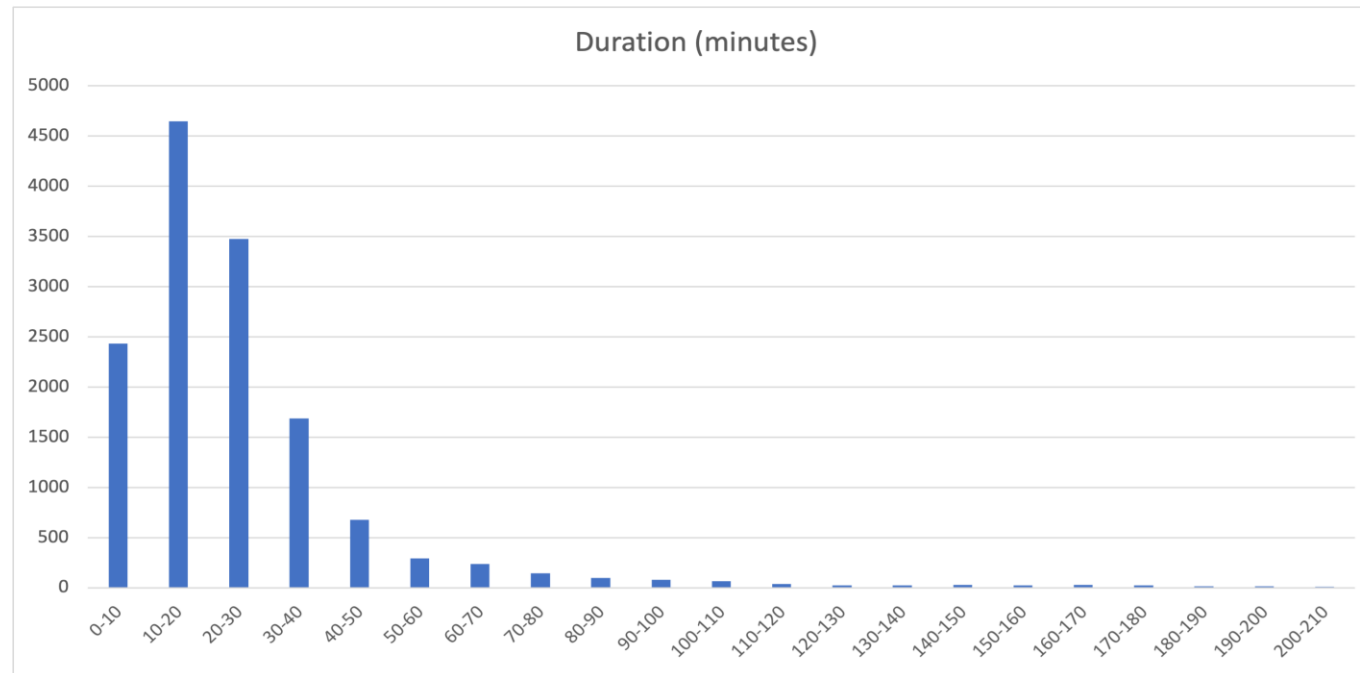
15 Tons of  
CO2 saved



24.491  
sustainable trips

- The most frequent trips are between **10 to 20 minutes** and the ones covering a **distance of 2-3 Km**.
- The **average ride duration** is 35 minutes for an **average distance** of 5 Km.
- Taking 20 Km/h as a reference for standard urban cycling speed we could therefore say that

**BIKE2WORK commuters on average do not rush to work, but rather enjoy their ride.**



27/04/2022

# Data Analytics

1. An **ingestion procedure** has been developed to get **anonymized raw GPS data** from Ferrara Play&Go.
2. **Map-matching algorithm** that reconstructs each trip from the raw GPS logs using the **OpenStreetMap** road network.



GPS logs (**in orange**) and companies locations (**in blue**) from Ferrara Play&Go.



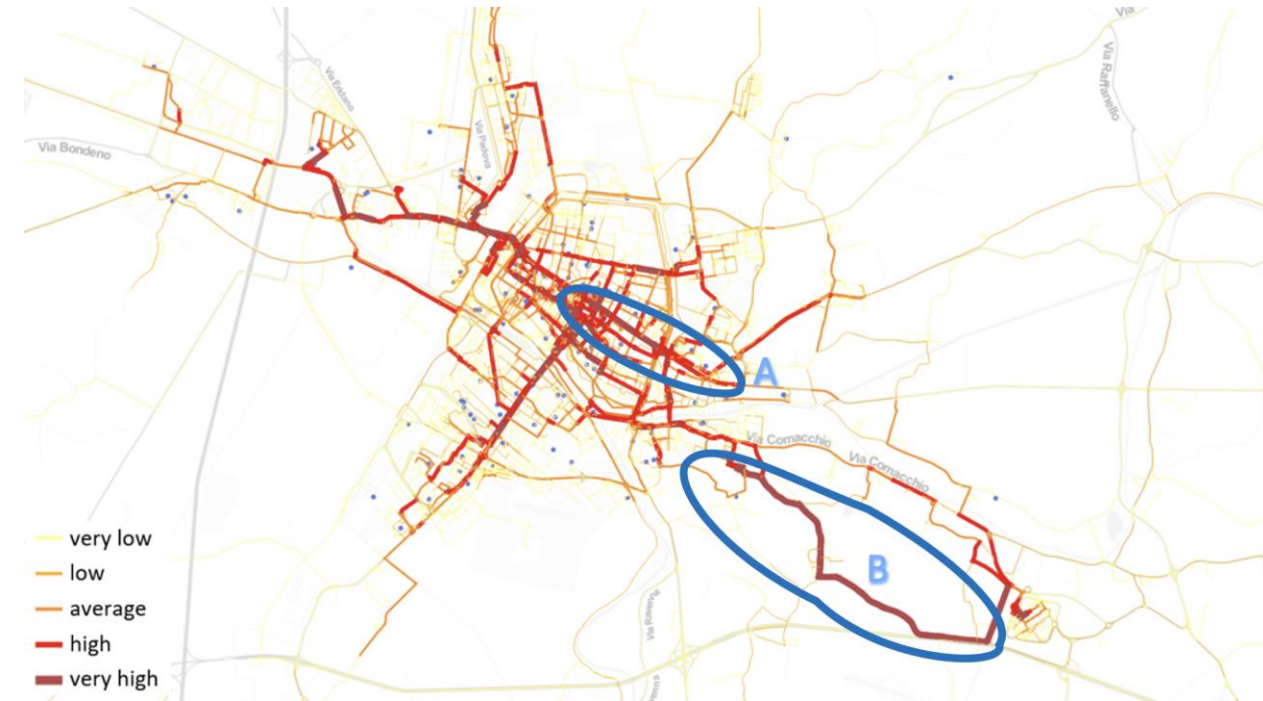
- the **red triangles** identify **single GPS data records** (in this case very distant from each other);
- the **blue line**, connecting the GPS data into a sequence, represents a **GPS trajectory**;
- the **yellow line** describes a possible **reconstruction of the path followed**.

# Impact

Set of **automatic procedures** to calculate **different indicators** at single road segment, by timestamp.

- What are the most used routes within the city?
- Do they match infrastructures for bikers and pedestrians?
- What are the critical points for cyclist/pedestrian safety?
- Where are cyclists riding the wrong way?

Map of BIKE2WORK commuters in Ferrara (at December 2021).



- A. A street** which cuts the city centre from east to west and which in the western part is **lacking dedicated cycle lanes despite being very popular.**
- B. The new cycle lane**, opened in early 2021, **appears to be widely used by commuters** working at AUSL and University.

An interactive map has also been made available online - <http://metropolidipaesaggio.it/progetti-pilota/mappa-tragitti-cittadini/>

# Conclusions and Future Work

- **Home-to-work sustainable mobility** campaign defined and executed in the context of the **AIR BREAK** project.
- **Software Platform** implemented to support the **Mobility Managers** and the **Employees** throughout the campaign and to understand the **progress and the impact** of the running initiative.
- We will continue running the campaign for the **next two years** (till October 2023).
- Systematic (**quantitative and qualitative**) **analysis** using the collected data:
  - Achieved **environmental impact**
  - **User Experience**





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